

## Frequently Asked Questions:

What do campers need to wear and bring?

Wear comfortable play clothes and tennis shoes. Pack a lunch for a full day session, a snack (two if staying all day) and a water bottle. Also bring sunscreen to protect your skin when we are outside. Other supplies may be suggested depending on the camp. This information will be given to you upon registration.

How do I register my child?

- Download a registration form at [www.hpfs.org](http://www.hpfs.org) and submit it via email to [knance@hpfs.org](mailto:knance@hpfs.org) or mail to the school office.
- From the printed brochure mail the included registration form to: 800-A Quaker Lane High Point, NC 27265
- Call 336-886-5516 to request a registration form and brochure.

When are payments and medical forms due?

All medical forms must be turned in before children can participate in camp. Payment should be made upon registering in order to reserve your spot. Each camp is limited to a small number of campers in order to ensure a safe and fun environment for all.



# High Point Friends School Summer Camp Series 2011

## Summer Adventures for ages 3-15

June 20th-July 15th

\$125/Week Half Day (AM or PM)  
\$200/Week Whole Day (8AM-5PM)



800-A Quaker Lane  
High Point, NC  
336-886-5516  
[knance@hpfs.org](mailto:knance@hpfs.org)  
[www.hpfs.org](http://www.hpfs.org)

# What's inside!

|   |            |
|---|------------|
| Table of Contents                                 | Pg. 2      |
| Camp Overview                                     | Pg. 3      |
| Pre-School Summer                                 | Pg. 4      |
| A Day in the life...                              | Pg. 5      |
| Exciting Explorations<br>Schedule (Ages 5-10)     | Pg. 6      |
| Exciting Explorations<br>Descriptions (Ages 5-10) | Pgs. 7-8   |
| Summer Adventures<br>Schedule (Ages 10-15)        | Pg. 9      |
| Summer Adventures<br>Descriptions (Ages 10-15)    | Pgs. 10-11 |
| Campus Map and<br>F.A.Q.s                         | Pg. 12     |

## Volleyball Camp:

Learn to be a better volleyball player! College athletes from High Point University will teach new skills everyday and lead tons of fun activities related to the game. Parents will be invited at the end of



the week to watch the students put their new skills to use in a game against fellow campers.

Read all about our counselors Stephanie Kaminskas and Brittany Durham's career accomplishments on HPU's website.

## SPECTACULAR SPORTS:

Not your typical sports camp... this adventure involves any and all sporting games you can think of!



Play everything from basketball and baseball to unique games only known by special HPFS campers such as "camouflage!"



This camp will be offered 3 different weeks with each one incorporating new games and



## MICROSOFT MANIACS:

Students will learn to make PowerPoint shows including animation and sound, create graphs in Excel, utilize Microsoft Word and Publisher to their fullest extent, and discover new fun websites along the way. At the end of the week students will have numerous creations and new skills to share with friends and family.



## IN THE NET:

Jump like Michael Jordan! Rebound like Shaquille O'Neil! Shoot like LeBron James!



Dribble like Dwayne Wade! You might not be able to do all of these quite like those superstars, but you'll still have a blast at this unique basketball camp! Learn the skills you need to become a great player while enjoying various activities related to the game.

## Picture Perfect.

This all inclusive art camp has it all! With professional artist, Josh Hendry, you will learn how to create many beautiful masterpieces out of several different forms of media. There will also be a day of photography where students will even learn some aspects of Photoshop!



## Outdoor Adventures:

In this camp be prepared for a new adventure everyday! Learn introductory skills for several different outdoor sports such as mountain biking, canoeing, kayaking, rock climbing, backpacking, trail maintenance and several others. You will also learn the important ethics of Leave No Trace so that you can enjoy outdoor adventures without disturbing nature.



## Tour de High Point Biking

Get ready to ride in this exciting adventure! In this camp you will learn road safety,



bike maintenance, and the skills necessary to be a true cyclist.

Campers must bring their bike to camp the first day and may choose to lock it on campus or take it home each night. Trips will be taken daily around High Point and to local parks to give the students the chance to put their new skills to use.

## Electric RC Cars

In this exciting camp students will learn the ins and outs of the electric RC car. They will learn to operate and maintain it, and then be able to race fellow campers with these fast paced cars!



Bring your own electric RC car or build your own for an additional fee of \$130.00. This additional fee includes the remote control, battery and your very own RC car to keep!

## The Physics of Flight ROCKETS!

Come join us as we discuss and demonstrate the physics of flight including animal flight, plant flight, hot air balloons, gliders, airplanes and space vehicles. Students will have the opportunity to design, build and launch their own rocket!



## Survival of the Fittest.

What if you were lost in the wilderness... Could you pitch a tent? Fix your own food? Find your way to safety? Learn strategies that will help in a bind and also help you have fun the next time you go camping!



## Soccer Camp:

Wow! Learn soccer from professional college coaches! This is a rare opportunity to learn from championship coaches! Brandi and Keith Fontain, the HPU women's soccer assistant coaches will teach you the skills you need to be a great soccer player! They have coached for many years and have led the HPU team to the big South Championship! This camp is only offered once so sign up quickly!



## Hopping around High Point!

Ever wished you could take a field trip to the park, bowling alley, Putt-Putt? Summer will be so much fun when you are hopping around High Point! You will have new adventures everyday with trips to local parks, entertainment spots and special places only found in the Triad area. A few days children will have the option to purchase a snack from special local eateries.



## HPFS 2011 Summer Camp

High Point Friends School summer camps are designed to provide your child with a safe environment to meet new people, experience unique activities, learn new skills and have fun! All sessions are taught by highly qualified staff members experienced in teaching as well as their particular camp theme. Each camp session includes enriching material intended to broaden your child's knowledge and skill level in that field. Some sessions also include field trips to expand the students' experience related to the theme.

### Registration Information and Fees

Pre-School Summer Program  
Ages 3-6  
June 20-23  
\$100

### Exciting Explorations for Ages 5-10

\$125/ AM Session 8am-12pm  
\$125/ PM Session 1pm-5pm  
\$200/ Whole Day 8am-5pm

### Summer Adventures for Ages 10-15

\$125/ AM Session 8am-12pm  
\$125/ PM Session 1pm-5pm  
\$200/ Whole Day 8am-5pm

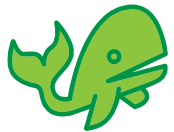


Students staying a full day will have a supervised lunch and play hour.

# Pre-School Summer Under the Sea ! Ages 3-6

June 20-23  
8:30am- 12pm

\$100/ Week (Monday- Thursday)



Join us as we create an under the sea spectacular. A world of rainbow fish, starfish, whales and other sea creatures await our discovery. Campers will participate in arts and crafts, songs, and treasure hunts during our under the sea adventures.

Price of the camp includes take home crafts and themed snacks each day.



# SUMMER ADVENTURES FOR AGES 10-15

June 20-24

**Morning:**

Electric RC Cars  
Microsoft Maniacs  
Hopping Around  
High Point

**Afternoon:**

Spectacular Sports  
Survival of  
the Fittest

June 27- July 1

**Morning:**

Volleyball Camp  
Hopping Around  
High Point

**Afternoon:**

Outdoor Adventures  
Spectacular Sports

July 11-15

**Morning:**

Physics of  
Flight-Rockets  
In The Net

**Afternoon:**

Survival of the Fittest  
Volleyball Camp

July 18-22

**Morning:**

Tour De High Point  
Soccer Camp  
Picture Perfect

**Afternoon:**

Spectacular Sports  
Microsoft Maniacs  
Soccer Camp

## Picture Perfect:

This creative all! With artist, Josh Hendry, you will learn how to beautiful of several of media. There will also be a day of photography where students will even learn some aspects of Photoshop!



art camp has it professional Hendry, you will create many masterpieces out different forms

## BrushStrokes:

Students will become artists as they learn to mix colors, vary their brushstrokes, and use shading to create 5 beautiful paintings on



canvas. The students will be painting both still life and landscapes and complete a new painting each day.



## Weird Science:

Learn all the things you've always wondered about but have never been allowed to do! Find out what happens when you mix mentos and soda, if Coca-Cola will actually dissolve a nail, and even find out what slime is made of and create your own! This camp is a full week of gross, amazing, and unbelievable science experiments!



## Survival of the Fittest:

What if you were lost in the wilderness... Could you pitch a tent? Fix your own food? Find your way to safety? Learn strategies that will help in a bind and also help you have fun the next time you go camping!



## MICROSOFT MANIACS:

Investigate and create graphs, cards, shows, and other creative masterpieces using Excel, PowerPoint, and Publisher. Discover phenomenal websites to enhance your computer strengths. These skills will last for a lifetime! By the end of the week you will have great games to share with your friends and new creations to hang in your room!



When you arrive on the campus of HPFS you are greeted at your car by a staff member excited to see you. You then join your friends in the gym and enjoy their company either by playing a game together, doing a craft, or simply socializing.

Once all of your friends have arrived, we will gather together to discuss the camp procedures to keep you safe. Then you will go off to your registered camp and enjoy the unique activities with your coaches and small group. You will play many different games and learn new skills while having fun.

Around midway through your session you will take a break to enjoy a delicious snack and relax with your friends. Following your snack, you will return to the fun adventure of your session!

If you are staying for the whole day you will break midday for a picnic lunch and enjoy some free play outside.

After lunch you will go on to your second chosen session and enjoy brand new activities and games. By the end of the day you will have met lots of new people, learned a number of skills and played many games!



# Exciting Explorations offered for Ages 5-10

**June 20-24**

**Morning:**

Critter Camp  
Spectacular Sports

**Afternoon:**

Microsoft Maniacs  
A Walk with Mother Nature  
Hopping Around High Point

**July 11-15**

**Morning:**

Survival of the Fittest

**Afternoon:**

Picture Perfect  
Weird Science

**June 27-July 1**

**Morning:**

Brushstrokes  
Microsoft Maniacs

**Afternoon:**

A Walk with Mother Nature  
Volleyball Camp

**July 18-22**

**Morning:**

Spectacular Sports  
Survival of the Fittest  
Soccer Camp

**Afternoon:**

Picture Perfect  
Soccer Camp

## Critter Camp:

Learn all about your favorite furry and feathered friends. Discover the softness of a rabbit's ear, the wetness of a dog's nose, the gracefulness of a bird in flight and maybe even the breeze from a horse's tail! Special furry and feathered visitors from all around the Triad will visit each day. This camp is only offered once all summer so hurry and reserve your spot!



## Hopping around High Point!

Ever wished you could take a field trip to the park, bowling alley, Putt-Putt? Summer will be so much fun when you are hopping around High Point! You will have new adventures everyday with trips to local parks, entertainment spots and special places only found in the Triad area. A few days children will have the option to purchase a snack from special local eateries.



## SPECTACULAR SPORTS:

Not your typical sports camp... this adventure involves any and all sporting games you can think of! Play everything from basketball and badminton to unique games only known by special HPFS campers such as "camouflage!" This camp will be offered 3 different weeks with each one incorporating new games and sports.



## Soccer Camp:

Wow! Learn soccer from professional college coaches! This is a rare opportunity to learn from championship coaches! Brandi and Keith Fontain, the HPU women's soccer assistant coaches will teach you the skills you need to be a great soccer player! They have coached for many years and have led the HPU team to the big South Championship! This camp is only offered once so sign up quickly!



## "A Walk with Mother Nature":

This camp incorporates nature themed stories, songs, arts and crafts and explorations. Take a walk through the woods on campus and collect leaves to make a special project, then hear a story and sing a song to go along with what you've discovered. These are just some of the things you'll do in nature camp!



## Volleyball Camp:

Learn to be a better volleyball player! College athletes from High Point University will teach new skills everyday and lead tons of fun activities related to the game. Parents will be invited at the end of the week to view the students put their new skills to use in a game against fellow campers. Read all about our counselors Stephanie Kaminskas and Brittany Durham's career accomplishments on HPU's website.

